

Ideal Breakfast Pack Message

Hi xxxxxxxx

How are you? (Then comment on a recent thing relating to them, i.e. birth of a child, recent holiday etc)

This is a bit random but I'm doing something work focussed on ideal breakfasts. I've got some 6 day trial packs for people to try and then give me some feedback. We want people to change their breakfast for 6 days to see if they get more energy and feel better during the day.

Would you be up for giving it a go? It's free for you and I would really appreciate your opinion and thoughts.