

Recommended Programmes

(Updated November 2018)

Basic £83.93

Shake (Flavours: Vanilla, Strawberry, Banana Cream, Chocolate, Café Latté, Cookies & Cream, Mint Chocolate, Spiced Apple, Raspberry & Blueberry, Free From Vanilla)

Protein Drink Mix (PDM)

Energy Tea (Flavours: original, lemon, peach, raspberry)

Ideal £104.75

Shake

Protein Drink Mix (PDM)

Vitamin and Mineral Complex

Energy Tea

Optimal £167.35

2 x Shakes

Protein Drink Mix (PDM)

Vitamin & Mineral Complex

Energy Tea

Aloe Concentrate (Flavours: original, mango)

Please Note: Programme prices for 21 servings of Shake

Individual Prices

Shake (21 servings)	£28.76
Vanilla Shake (30 servings)	£38.63
Free From Shake	£31.64
Pro 20 Select	£41.21
Protein Drink Mix (PDM)	£34.51
Vitamin & Mineral Complex	£20.82
Energy Tea	£20.66
Aloe Concentrate	£33.84

Snacking

Meal Bar (Box of 7)	£16.39
Flavours: chocolate, berry	
Protein Bars (Box of 14)	£13.67
Flavours: vanilla almond, chocolate peanut, lemon)	
Gourmet Tomato Soup	£28.22
Roasted Soya Beans	£14.65
Oat Apple Fibre Drink	£27.44

Accessories

Starter Kit	£3.78
Neon Shaker	£5.84
Super Shaker	£5.95