

Recommended Programmes

(Updated Feb 2020)

Basic £89.25

Shake (Flavours: Vanilla Cream, Banana Cream, Cookies Crunch, Strawberry Delight, Summer Berries, Café Latte, Smooth Chocolate, Mint and Chocolate, Spiced Apple)

Protein Drink Mix (PDM)

Energy Tea (Flavours: original, lemon, peach, raspberry)

Ideal £111.39

Shake

Protein Drink Mix (PDM)

Vitamin and Mineral Complex

Energy Tea

Optimal £141.97

2 x Shakes

Protein Drink Mix (PDM)

Vitamin & Mineral Complex

Energy Tea

Please Note: Programme prices for 21 servings of Shake

Individual Prices

Shake (21 servings)	£30.58
Vanilla Shake (30 servings)	£41.07
Free From Shake	£33.65
Protein Drink Mix (PDM)	£36.70
Protein Powder (40 servings)	£23.54
Vitamin & Mineral Complex	£22.14
100g Energy Tea	£38.59
50g Energy Tea	£21.97
Aloe Concentrate	£35.99

Snacking

Meal Bar (Box of 7)	£17.42
Protein Bars (Box of 14)	£15.80
Gourmet Tomato Soup	£30.01
High Protein Iced Coffee	£40.80
Roasted Soy Beans (12 pkts)	£15.58
Oat Apple Fibre (30 servings)	£24.32

Accessories

Starter Kit	£3.98
Neon Shaker	£6.16
Super Shaker	£6.52